



WESTMONT
STUDENT LIFE



**CAPS AND EMOTIONAL
WELLBEING OF STUDENTS**
COVID PREPAREDNESS PLAN

FOCUS OF THE PLANNING GROUP

Functions of CAPS and emotional wellbeing planning for students, including individual student needs (e.g., through mentorship, counseling, crisis response), student outreach (e.g., prevention programming), and consultation / support (e.g., parent / faculty connections)

ADAPTATIONS FOR CAPS AND THE EMOTIONAL WELLBEING OF STUDENTS

We are conscious that students are experiencing the impacts in many different ways. Some are unphased. Others are having a very difficult time. As we seek to continue to serve each one, we must adapt our processes and procedures while being attentive to their individual needs. As always, education of students, faculty, staff and parents is important and will be continued via webinars, videos and online resources.

In-person counseling will be adapted to spaces that allow for 6-foot social distancing or conducted virtually, all the while ensuring confidentiality. If students come to CAPS, they will be asked to wait outside and complete COVID-19 screening prior to entry. Additionally, CAPS will design appropriate COVID-19 precautions when responding to a student mental health crisis and is in the process of preparing a mental health response if we experience the COVID-related death of a community member.

CONTACT

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