

# Nursing Fast Track Sample Schedule for Kinesiology Major

\*Catalog 2024-2025

## Pathways for the Fast Track Program

- Complete Justice Reconciliation and Diversity GE in ABSN Program
- Complete Philosophy GE requirement in ABSN Program
- Complete 124 unit for degree requirement in 1st Semester of ABSN Program

NOTE- This is a "sample schedule" your actual schedule may look different. Use this as a guide to make sure all required classes are taken and classes that overlap with nursing program are not taken until the ABSN program.

## Key:

Major Classes

Nursing Prerequisites

GE Requirements

Complete KNS Undergraduate Degree while in 1st semester of ABSN program

\*\*\* = also fulfills GE Requirement

\*\*\* = also fulfills Major Requirement

\* = Check Prerequisites requirements

FIRST YEAR					
Fall Semester		Spring Semester			Summer
<input type="checkbox"/> New Testament RS 010, Old Testament RS 001, or Christian Doctrine RS 020	4	<input type="checkbox"/> ***Perspectives on World History HIS 010	4	<input type="checkbox"/> Modern Foreign Language	4
<input type="checkbox"/> ***General Chemistry w/ Lab CHM 005	4	<input type="checkbox"/> General Psychology PSY 001	4		
<input type="checkbox"/> ***English Composition ENG 002	4	<input type="checkbox"/> Human Nutrition KNS 040	4		
<input type="checkbox"/> Foundations of Kinesiology KNS 072	4	<input type="checkbox"/> ***Statistics MA 005***	4		
<input type="checkbox"/> Fit for Life or PE	1	<input type="checkbox"/> Fit for Life or PE	1		
Total Units	17	Total Units	17	Total Units	4



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SECOND YEAR						
Fall Semester		Spring Semester		Summer		
<input type="checkbox"/> ***Human Anatomy w/ Lab <b>KNS 011</b>	4	<input type="checkbox"/> Psychology of Movement <b>KNS 148</b>	2	<input type="checkbox"/> Microbiology w/ Lab *	4	
<input type="checkbox"/> ***Working Artistically	4	<input type="checkbox"/> Sociology of Movement <b>KNS 149</b>	2			
<input type="checkbox"/> Reading Imaginative Literature/ Writing Intensive outside of major *pick class that fulfills both*	4	<input type="checkbox"/> Physiology w/ lab <b>KNS 012</b> (only offered in Spring)	4			
<input type="checkbox"/> ***Intro to Sociology <b>SOC 001</b>	4	<input type="checkbox"/> ***Public Speaking in Kinesiology <b>KNS 166</b>	4			
<input type="checkbox"/> Fit for Life/ PE	1	<input type="checkbox"/> Fit for Life/ PE	1			
		<input type="checkbox"/> New Testament <b>RS 010</b> , <input type="checkbox"/> Old Testament <b>RS 001</b> , or <input type="checkbox"/> Christian Doctrine <b>RS 020</b>	4			
Total Units	17	Total Units	17	Total Units	4	
THIRD YEAR						
Fall Semester		Spring Semester		Summer		
<input type="checkbox"/> Thinking Historically	4	<input type="checkbox"/> New Testament <b>RS 010</b> , Old Testament <b>RS 001</b> , or Christian Doctrine <b>RS 020</b>	4	<i>KNS courses often offered during May Term to consider:</i>  <ul style="list-style-type: none"> <li>• Internship <b>KNS190</b></li> <li>• Special Populations <b>KNS181</b></li> </ul> <i>KNS electives the Nursing Department strongly recommends</i> <ul style="list-style-type: none"> <li>• Cardiovascular Dynamics <b>KNS 110</b></li> <li>• Nutrition for Healthcare Professionals <b>KNS 122</b></li> </ul>		
<input type="checkbox"/> Biomechanics <b>KNS 101</b>	4		<input type="checkbox"/> Physiology of Exercise <b>KNS 105</b>			4
<input type="checkbox"/> Motor Behavior <b>KNS 185</b>	4		<input type="checkbox"/> ***Special Populations <b>KNS 181</b>			4
<input type="checkbox"/> *** Food Systems <b>KNS 140/ Or Thinking Globaly</b>	4		<input type="checkbox"/> Senior Capstone <b>KNS 195</b> (only offered in Spring)			2
	2		<input type="checkbox"/> Internship <b>KNS 190</b> or Research <b>KNS 198</b>			1
<i>If you are taking another Thinking Globally class, 6 KNS electives will be needed to meet the major requirements.</i>			<input type="checkbox"/> KNS elective of your choice worth 2 units			2
Total Units	16		Total Units			17



FOURTH YEAR					
Fall Semester (Nursing Semester 1)		Spring Semester (Nursing Semester 2)		Summer Semester (Nursing Semester 3)	
<input type="checkbox"/> Fundamentals for Nursing Practice <b>NUR 211</b>	6	<input type="checkbox"/> Beginning MSG Nursing <b>NUR 230</b>	7	<input type="checkbox"/> Intermediate MSG Nursing <b>NUR 270</b>	7
<input type="checkbox"/> Pathophysiology for Nursing <b>NUR 210</b>	2	<input type="checkbox"/> Psych/MH Nursing <b>NUR 230</b>	3	<input type="checkbox"/> Maternal/Child Health Nursing <b>NUR 240</b>	3
<input type="checkbox"/> Pharmacology for Nursing <b>NUR 213</b>	3	<input type="checkbox"/> Nursing and the Liberal Arts <b>NUR 230</b>	2	<input type="checkbox"/> Pediatric Nursing <b>NUR 250</b>	3
<input type="checkbox"/> ***Nursing for Human Flourishing <b>PHI 200</b>	3			<input type="checkbox"/> Evidence-based Practice for Nursing <b>NUR 260</b>	2
<input type="checkbox"/> ***Understanding My Neighbor: Society, Culture, and Health <b>SOC 200</b>	3				
<b>*Graduation with KNS degree*</b>					
Total Units	17	Total Units	12	Total Units	15
FIFTH YEAR					
Fall Semester (Nursing Semester 4)					
<input type="checkbox"/> Advanced MSG Nursing <b>NUR 285</b>	7	<p><i>After the spring semester above, you would be a graduate with your bachelor's degree in KNS and you would be in the second semester of the nursing program as a post-baccalaureate student.</i></p> <p>To graduate with a bachelor's degree, you need: <b>124 total units</b> (12 will be in the 1st two semesters of nursing program)  <b>All major requirements complete, and all general education requirements complete</b></p>			
<input type="checkbox"/> Public Health Nursing <b>NUR 290</b>	4				
<input type="checkbox"/> Nursing Leadership <b>NUR 295</b>	2				
<input type="checkbox"/> Professional Nursing Roles <b>NUR 275</b>	2				
Total Units	15				



## General Education Requirements Pre-Nursing Fast-Track\*\*

<b>*Minimum grade of D- required to satisfy General Education Requirements</b>
<b>I. Common Contexts</b>
<b>A. Biblical and Theological Canons – 12 Units at Westmont College</b>
Introduction to Old Testament (4)
Introduction to New Testament (4)
Introduction to Christian Doctrine (4)
<b>B. Introduction to the Christian Liberal Arts – 8 Units at Westmont College</b>
Philosophical Reflections on Reality, Knowledge, and Value (4) (PHIL 200**) **Once in Nursing Program <b>PHI200</b>
World History in Christian Perspective (4)
<b>II. Common Inquiries – One course in each of the 8 categories.</b>
Reading Imaginative Literature (4) (ENG 006)
Exploring the Physical Sciences (4) (CHM 005) <b>CHEM 005 w/ Lab</b>
Exploring the Life Sciences (4) (BIO/KNS 011) (BIO/KNS 012) <b>KNS 011</b>
Reasoning Abstractly (4) (MA 005) <b>MA 005</b>
Working Artistically (4)
Thinking Globally (4) (KNS 140 Food Systems) <b>KNS 140</b>
Thinking Historically (4)
Understanding Society (4) (POL/KNS 141) <b>SOC 001/KNS 141</b>
<b>III. Common Skills</b>



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<b>*Minimum grade of D- required to satisfy General Education Requirements</b>
<b>I. CommonContexts</b>
<b>A. Three writing-intensive or speech-intensive courses:</b>
Writing for the Liberal Arts (ENG 002 - Composition) <b>ENG 002</b>
If course above is <b>NOT ENG 002</b> , CIRCLE qualifying test: ACT SAT/WRIT TSWE
Writing/speech <b>WITHIN</b> the major (KNS 072, KNS 166) <b>KNS 072</b>
Writing/speech <b>OUTSIDE</b> the major (ENG 006)
<b>B. Quantitative and Analytical Reasoning (MA 005, CHM 005, PHY 011) <b>CHEM 005 w/ Lab or MA 005</b></b>
<b>C. Modern/Foreign Languages (4)</b>
<b>D. Justice, Reconciliation and Diversity <b>SOC 200</b></b>
<b>E. Physical Education (4)</b>
1. Fitness for Life 2. _____ 3. _____ 4. _____
<b>IV. Compassionate Action</b>
<b>All students will complete ONE course from the following 2 options:</b>
Serving Society; Enacting Justice (KNS 181) <b>KNS 140</b>
Communicating Cross-Culturally



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