## Pre-medical Student Example Four Year Plan

| Year One General Planner, Any Major |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Fall Classes |  | Extracurricular | Spring Classes |  | Extracurricular | Mayterm/Summer Classes | Extracurricular |  |
| 1. CHM 5 | (4) ps |  | 1. CHM 6 | (4) |  | 1. | - Medically-related |  |
| 2. ENG $2^{\wedge}$ | (4) wla |  | 2. BIO 5 | (4) ls |  | 2. | Job/Volunteer or |  |
| 3. MA 9 | (4) ra, q |  | 3. MA 5 | (4) |  | 3. | Research |  |
| 4. PEA | (1) |  | 4. RS 10 | (4) cc |  | 4. |  |  |
| 5. |  |  | 5. PEA | (1) |  |  |  |  |
| Total | 13 |  |  | 17 |  |  |  | 30 |
| Year Two |  |  |  |  |  |  |  |  |
| Fall Classes |  | Extracurricular | Spring Classe |  | Extracurricular | Mayterm/Summer Classes | Extracurricular |  |
| 1. CHM 101 | (4) | - Medically-related | 1. CHM 102 | (4) | - Medically-related | 1. | - Medically related |  |
| 2. BIO 6 | (4) | Job/Volunteer or | 2. BIO 114 | (4) w | Job/Volunteer or | 2. | Job/Volunteer or |  |
| 3. PH 11/21* | (4) | Research | 3. PH 13/23* | (4) | Research | 3. | Research |  |
| 4. (PH 22) | (1) |  | 4. PH 14/24* | (1) |  | 4. |  |  |
| 5. PEA | (1) |  | 5. RS 20 | (4) cc |  |  |  |  |
| Total | 13-14 |  |  | 17 |  |  |  | 30 |
| Year Three |  |  |  |  |  |  |  |  |
| Fall Classes |  | Extracurricular | Spring Classe |  | Extracurricular | Mayterm/Summer Classes | Extracurricular |  |
| 1. BIO 113 | (4) | - Beg MCAT prep | 1. PHI 6 | (4) cc | - MCAT** | 1. Take MCAT by | - AMCAS |  |
| 2. BIO 102 | (4) | - Medically-related | 2. SOC 1 | (4) us | - Declaration of Intent | 2. Middle of July | - Medically related |  |
| 3. PSY 1 | (4) | $\mathrm{Job} / \mathrm{Volunteer}$ or | 3. ENG 6 | (4) ril, w | w- Form Committee | 3. | Job/Volunteer or |  |
| 4. BIO $190 * * *$ | (1) ss | Research | 4. PEA | (1) | - Medically-related | 4. | Research |  |
| 5. RS 1 | (4) cc |  | 5. BIO 150 | (1) | Job/Volunteer or |  |  |  |
| 6. |  |  | 6. BIO 190 | (1) | Research |  |  |  |

Total 17
15

## Year Four

| Fall Classes |  | Extracurricular | Spring Clas |  | Extracurricular | Mayterm/Summer Classes | Extracurricular |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. HIS 10 | (4) cc | - Secondary Apps. | 1. Com.Inq. | (4) th | - School Decisions | 1. | - Med School Prep |  |
| 2. Major | (4) m | - Med Interviews | 2. Com.Inq. | (4) tg | - Medically-related | 2. |  |  |
| 3. F.Lang | (4) fl | - Medically-related | 3. Major | (4) m | Job/Volunteer or | 3. |  |  |
| 4. Com.Inq. | (4) a | Job/Volunteer or | 4. Major | (4) m | Research | 4. |  |  |
| 5. Total | 16 | Research | 5. | 16 |  |  |  | 32 |

(This schedule is based on the suggested timeline in the AAMC's 2012-2013 Medical School Admission Requirements.)
Color Codes: MCAT \| Highly recommended for Med School \| Major \| GE at Westmont \| other GE and Electives
$\wedge \quad$ Those with AP/IB credit for English 2 should take Eng. 104 in the junior or senior year.

* PH 11/21 and 13/23 is also sometimes taken during the third year
** MCAT is normally taken after the $3^{\text {rd }}$ year (May date is preferred, middle of July is the latest)
*** Serving Society can also be done with a zero unit internship (APP 190ss)


## GE requirement Code

| cc | Common Contexts (5 courses) |
| :---: | :---: |
| Common Inquiry (8 courses) |  |
| ps | Exploring the Physical Sciences |
| Is | Exploring the Life Sciences |
| ra | Reasoning Abstractly |
| ril | Reading Imaginative Literature |
| a | Performing and Interpreting the Arts |
| tg | Thinking Globally |
| th | Thinking Historically |
| us | Understanding Society |
| Others |  |
| w | Writing/Speech Intensive |
| wla | Writing for the Liberal Arts |
| fl | Modern/Foreign Language |
| imd | Integrating the Major Discipline |
| pp | Productions and Presentations |
| q | Quantitative and Analytical Reasoning |
| Ss | Serving Society and Enacting Justice |
|  |  |
| m | Major required course |

## Course Numbers and Names

CHM 5, $6 \quad$ General Chemistry I, II
CHM 101, 102 Organic Chemistry I, II
MA 9, $10 \quad$ Elementary Calculus I, II
MA 5
ENG 2
ENG 104
ENG 6
BIO 5,6
BlO 102
CHM / BIO 113 Biochemistry
BlO 114 Genetics
BIO 150-1 Introduction to Medicine
BlO 190 (ss) Practicum/Internship - serving society
PH 11, $13 \quad$ Physics for Life Science Majors I, II
PH 21, 23 General Physics I, II (Calculus based)
PH 14
PH 22, 24
PSY 1
RS 1
RS 10
RS 20
PHI 6
HIS 10
SOC 1
APP 190ss

Physics for Life Science Majors Lab
General Physics Lab I, II
General Psychology
Life and Literature of the Old Testament
Life and Literature of the New Testament
Introduction to Christian Doctrine
Philosophical Perspectives
Perspectives on World History
Introduction to Sociology
Applied Studies; Serving Society Internship (zero units)

